

FAST AND ABSTINENCE LAWS AND DISCIPLINES

The **current law** of the Church obliges those age 14 and over to **abstain from meat** on Ash Wednesday and all Fridays of Lent. Those age 18 through 59 are also obliged to **fast** on Ash Wednesday and Good Friday.

Fasting is defined as one full meal and two other meals which, when combined are less than a full meal.

The **former practice** and discipline in place in 1962 obliged those age 7 and over to **full abstinence** from meat on all Fridays of the year, Ash Wednesday, Holy Saturday, and the Vigil of Christmas (Christmas Eve).

Likewise, **formerly, partial abstinence** (meat permitted once a day at the principle meal): all the days of Lent, the Ember Days of Wednesday and Saturday, and the Vigils of Pentecost and the Assumption.

The **former law** for **fasting** applied to those age 21 through 59. Fasting was to be done on all days of Lent (except Sundays) from Ash Wednesday inclusive, Ember Days, and the Vigils of Christmas, Pentecost and the Assumption.

VOLUNTEER OPPORTUNITIES

ST STEPHEN ALTAR SOCIETY

The St. Stephen Altar Society's main objectives are to cherish and promote devotion to the Most Blessed Sacrament and to supply the necessities of the altar and sanctuary. We are in need of volunteers to fill in much needed positions in order to fulfill this mission. Please join us if you would like to be a part of the care of our beautiful church!

If you have any questions, please contact Kathleen Campos at saintstephen-altarsociety@outlook.com.

RECRUITING SINGERS

Male and female singers wanted for various kinds of music.

- Gregorian Chant Schola for the 10:30 am Sunday Mass/Feasts
- Polyphony singers
- Hymns at the 6 pm Mass on Sundays

Contact Nicolai Bajanov: email: nbajanov@yahoo.com

St. Stephen Catholic Church, Portland, Oregon

Sunday February 28th, 2021

This week's schedule:

Saturday, Feb 27th: Ember Saturday (2nd cl) [fast/partial abstinence - optional]

- 8:00 am; Adoration of the Blessed Sacrament
- 9:00 am: Low Latin Mass
- 10:00 - 11:00 am: Confessions (*First Confessions of children*)
- 5 pm: Sung Latin Vespers (**1st Vespers-2nd Sunday of Lent**)
- 6 pm: **English Mass (2nd Sunday of Lent)**

Sunday, Feb 28th: 2nd Sunday of Lent (1st Class)

- 8:00 am Low Latin Mass
- 9:15-10:15 am Confessions
- 10:30 am Sung Latin Mass
- 5:00 pm Sung Latin Vespers
- 6:00 pm Low Latin Mass with music

Monday, March 1st: Feria of Lent (3rd Class)

- 8:15 am: Sung Latin Lauds [fast/partial abstinence - optional]
- 9 am: Low Latin Mass

Tuesday, March 2nd: Feria of Lent (3rd Class)

- 12 Noon: Low Latin Mass [fast/partial abstinence - optional]
- 5 pm: Sung Latin Vespers

Wednesday, March 3rd: Feria of Lent (3rd Class)

- 8:15 am: Sung Latin Lauds [fast/partial abstinence - optional]
- 11:00-11:45 am: Confessions
- 12 Noon: Low Latin Mass
- 5 pm: Sung Latin Vespers
- 5:30 - 6:30 pm: Confessions
- 6:45 pm Low Latin Mass

Thursday, March 4th: Feria of Lent (3rd Cl) [fast/partial abstinence - optional]

- 8:15 am: Sung Latin Lauds
- 5:00 pm: Sung Latin Vespers
- 5:30 - 6:30 pm: Confessions
- 6:45 pm: Low Latin Mass

Friday, March 5th: Feria of Lent (3rd Class) ABSTINENCE (required)

- 8:15 am: Sung Latin Lauds [fast - optional]
- 11-11:45 am: Confessions
- 12 pm: Low Latin Mass (**Votive Mass of the Holy Shroud of Jesus**)
- 5 pm: Sung Latin Vespers
- 7 pm: Stations of the Cross
- 7:45-8:45 pm Confessions
- 9:00 pm Sung Compline and Benediction of the Blessed Sacrament

Saturday, March 6th: Feria of Lent (3rd cl) [fast/partial abstinence - optional]

- 8:00 am; Adoration of the Blessed Sacrament
- 9:00 am: Low Latin Mass
- 10:00 - 11:00 am: Confessions
- 5 pm: Sung Latin Vespers (**1st Vespers-3rd Sunday of Lent**)
- 6 pm: **English Mass (3rd Sunday of Lent)**

Sunday, March 7th: 3rd Sunday of Lent (1st Class)

- 8:00 am Low Latin Mass
- 9:15-10:15 am Confessions
- 10:30 am Sung Latin Mass
- 5:00 pm Sung Latin Vespers
- 6:00 pm Low Latin Mass with music

PARISH STAFF

Fr. Eric Andersen, pastor email: eandersen@archdpdx.org

Mr. Joseph Salazar, director of religious education
email: jsalazar@archdpdx.org

Sr. Anne Therese Nguyen, administrative assistant
email: saintstephenpdx.@gmail.com

Nicolai Bajanov, music director
email: nbajanov@yahoo.com

Parish Address: 1112 SE 41st Ave. Portland, OR. 97214

Parish Office: 503-234-5019

website: <https://www.saintstephenpdx.com>

MASS INTENTIONS FOR THIS WEEK

- Sunday 2/28: + Janie Mendoza
People of the Parish
Carmi Drorziv
- Monday 3/1: Celeste Ruesink
- Tuesday 3/2: Michael Andrews
- Wed 3/3: Savchenko family
Priestly Fraternity of St. Joseph
- Thurs 3/4: Josef Sindlinger
- Friday 3/5: Greg Shaepi
- Saturday 3/6: Hugo Jean Luka Homo
Zach Munoz
- Sunday 3/7: + Philomena Silvio
People of the Parish
+ Gail Smith

OFFERTORY COLLECTION *(this week and month to date)*

Envelopes/Cash: \$3,724.18 +/- budget

Online: \$1,070.00

Total WTD: \$4,794.18 Budget: \$4,800 - \$5.82

Total MTD: \$12,298.18 Budget: \$14,400 - \$2,101.82

Maintenance/Restoration: \$11,280.00 MTD: \$11,865.00

Sacred Music Fund: \$25.00 MTD: \$145.00

Online giving: <https://www.saintstephenpdx.com/special-events>

MASS READINGS (Extraordinary Form)

Sunday: 1 Thess. 4:1-7; Matt. 17:1-9

Monday: Dan. 9:15-19; John 8:21-29

Tuesday: 3 Kings 17:8-16; Matt. 23:1-12

Wednesday: Esth. 13:8-11, 15-17; Matt. 20:17-28

Thursday: Jer. 17:5-10; Luke 16:19-31

Friday: Isaias 62:11; 63:1-7; Mark 15:42-46

Saturday: Gen. 27:6-39; Luke 15:11-32

Sunday: Eph. 5:1-9; Luke 11:14-28

LESSONS AT MATINS (Extraordinary Form) *find online at*

<http://divinumofficium.com> or as an app (Breviarium meum)

Sunday: Genesis 27:1-29; Homily of St. Leo on Matt. 17:1-9

Monday: Homily of St. Augustine on John 8:21-29

Tuesday: Homily of St. Jerome on Matt. 23:1-12

Wednesday: Homily of St. Ambrose on Matt. 20:17-28

Thursday: Homily of St. Gregory on Luke 16:19-31

Friday: Homily of St. Ambrose on Matt. 21:33-46

Saturday: Homily of St. Ambrose on Luke 15:11-32

Sunday: Genesis 37:2-28; Homily of St. Bede on Luke 11:14-28

SIGN UP TO ATTEND MASS *(online or call parish office)*

<https://www.saintstephenpdx.com/covid-19-update>

SUBSCRIBE TO THE PARISH YOUTUBE CHANNEL

Saint Stephen Catholic Church PDX. https://www.youtube.com/channel/UCenluv9m_Zo_8lvGRz_72A

UPCOMING EVENTS AT ST. STEPHEN'S

LENTEN CONFESSION TIMES

Wednesdays: 11:00–11:45 am
5:30–6:30 pm
Thursdays: 5:30–6:30 pm
Fridays: 11:00–11:45 am
7:45–8:45 pm (after Stations of the Cross)
Saturdays 10:00–11:00 am
Sundays 9:15–10:15 am

FRIDAY STATIONS OF THE CROSS

Every Friday in Lent, we will pray the Stations of the Cross at 7 pm during the Fridays of Lent. Adoration and Confessions will follow and Sung Latin Compline will complete the evening.

MARCH: THE MONTH OF ST. JOSEPH

We will be praying special prayers to St. Joseph after every Low Mass for the month of March, and singing a short chant asking for his protection and prayers.

24 HOURS FOR THE LORD/ ROSARY WALK

Begins Friday March 12th at 5 pm with Sung Vespers and Exposition of the Blessed Sacrament. Concludes Saturday March 12th at 6 pm after Sung Vespers and Benediction of the Blessed Sacrament. **All Night and All Day Adoration.** Stations of the Cross, Confessions, Compline, Lauds, Mass, Rosary Walk, Vespers.

40 DAYS FOR LIFE: FEB 17TH – MARCH 28TH

• **Vigil Location:** Planned Parenthood-Beaverton
12220 SW 1st Street Suite 200. Beaverton, OR 97005
• **Vigil hours:** Mon–Sat 7 AM - 7 PM Feb 17th - Mar 28th
Local Contact: Therese Ruesink ruesinktherese55@gmail.com

PHILOSOPHY NIGHT – TUESDAY MARCH 23RD

St. Thomas Aquinas asks: “**Is All Anger Evil, or Is Some Anger Good?**” He continues: “There was a controversy about this question among ancient philosophers, for the Stoics said that all anger is evil, and the Aristotelians said that some anger is good.” From Question XII on Anger in the *De Malo*. Fr. Eric Andersen, presenter. 7 pm in Carmody Hall. Ages High School and up. No reading ahead is necessary.

FROM THE DESK OF FR ERIC ANDERSEN

You may notice that the statue of St. Stephen has returned, in brilliant color. He looks just great! We recently received back some of the sacred vessels that we had sent away to get repaired and re-plated. They looked so good, that we have now sent away several of our candlesticks to be re-plated. We also sent away the two candelabra and the daily Mass candles to get repaired and re-plated. The altar will look more simple for several months, but it is worth it to take care of the things that belong to us. The older pieces were made to last and they are worth it to repair. The church is looking good these days. We have some carpet repair work to do and all sorts of little projects on the doors, the walls, the lights, etc. We also need to repair some concrete work along the sidewalk on the garden side of the church.

In two weeks, we will be having an all-night and all-day Adoration event called “24 Hours for the Lord”. To sign up for an hour of adoration (or more), please contact Joseph Salazar.

We are currently beginning the catechumenate for adults who are preparing for Baptism. We will have three adults enrolled as of this coming week. Please pray for Daniel, Meena and Shirley.

ACA ANNOUNCEMENT WEEKEND MARCH 4th, 2021

Next Sunday, March 4th, is Commitment Weekend for the 2021 [Archbishop's Catholic Appeal](#). If you received a personalized commitment card in the mail please bring it to Mass as we join together to support our Catholic Church.

CONTRIBUTION STATEMENTS

If you have not yet received a contribution statement for 2020 please contact Sr. Anne-Therese in the parish office at 503-234-5019 or email saintstephenpdx@gmail.com.

UPDATE YOUR CONTACT INFORMATION

If you have a change of home address or phone number, please call or email the parish at saintstephenpdx@gmail.com / 503-234-5019, so your contact information may be updated in our parish system.

March 12th - 13th, 2021



24 Hours for the LORD



5 pm Friday March 12th
to
6 pm Saturday, March 13th

- Sung Vespers and Compline
- Stations of the Cross
- Confessions Friday/Saturday
- All Night/All Day Adoration
- Rosary Walk on Saturday



Saint Stephen Catholic Church

1112 SE 41st Ave (between Salmon and Taylor), Portland, Oregon

24 Hours for the Lord at St. Stephen Catholic Church

Friday, March 12th, 2021

- 5:00 pm Exposition of the Blessed Sacrament & **All Night Adoration** (sign up *)
- 5:10 pm **Sung Latin Vespers**
- 7:00 pm **Stations of the Cross**
- 8:00 - 11:00 pm **Confessions - with various priests**
- 9:00 pm **Sung Latin Compline** in the presence of the Blessed Sacrament Exposed
- Adoration** continues through the Night

Saturday, March 13th, 2021

- 8:15 am Sung Lauds (Morning Prayer)
- 8:50 am Reposition of the Blessed Sacrament
- 9 am **Low Latin Mass**
- 10:00 am Exposition of the Blessed Sacrament and **Adoration** until 5:45 pm.
- 10:00 – 11:00 am **Confessions**
- 11:30 am **Rosary Walk** (6.8 miles - bring Rosary, water, etc. No pets)
- Adoration** in the church continues during Rosary Walk (sign up*)
- 5 pm **Sung First Vespers of the 4th Sunday of Lent (Laetare Sunday)**
- 5:35 pm **Benediction** and Reposition of the Blessed Sacrament
- 6:00 pm **English Mass (Laetare Sunday)** 24 Hours comes to a completion

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