

FAST AND ABSTINENCE LAWS AND DISCIPLINES

The **current law** of the Church obliges those age 14 and over to **abstain from meat** on Ash Wednesday and all Fridays of Lent. Those age 18 through 59 are also obliged to **fast** on Ash Wednesday and Good Friday.

Fasting is defined as one full meal and two other meals which, when combined are less than a full meal.

The **former practice** and discipline in place in 1962 obliged those age 7 and over to **full abstinence** from meat on all Fridays of the year, Ash Wednesday, Holy Saturday, and the Vigil of Christmas (Christmas Eve).

Likewise, **formerly, partial abstinence** (meat permitted once a day at the principle meal): all the days of Lent, the Ember Days of Wednesday and Saturday, and the Vigils of Pentecost and the Assumption.

The **former law** for **fasting** applied to those age 21 through 59. Fasting was to be done on all days of Lent (except Sundays) from Ash Wednesday inclusive, Ember Days, and the Vigils of Christmas, Pentecost and the Assumption.

VOLUNTEER OPPORTUNITIES

ST STEPHEN ALTAR SOCIETY

The St. Stephen Altar Society's main objectives are to cherish and promote devotion to the Most Blessed Sacrament and to supply the necessities of the altar and sanctuary. We are in need of volunteers to fill in much needed positions in order to fulfill this mission. Please join us if you would like to be a part of the care of our beautiful church!

If you have any questions, please contact Kathleen Campos at saintstephen-altarsociety@outlook.com.

RECRUITING SINGERS

Male and female singers wanted for various kinds of music.

- Gregorian Chant Schola for the 10:30 am Sunday Mass/Feasts
- Polyphony singers
- Hymns at the 6 pm Mass on Sundays

Contact Nicolai Bajanov: email: nbajanov@yahoo.com

St. Stephen Catholic Church, Portland, Oregon Sunday March 7th, 2021

This week's schedule:

Saturday, March 6th: Feria of Lent (3rd cl) [fast/partial abstinence - optional]

- 8:00 am; Adoration of the Blessed Sacrament
- 9:00 am: Low Latin Mass
- 10:00 - 11:00 am: Confessions
- 5 pm: Sung Latin Vespers (**1st Vespers-3rd Sunday of Lent**)
- 6 pm: **English Mass (3rd Sunday of Lent)**

Sunday, March 7th: 3rd Sunday of Lent (1st Class)

- 8:00 am Low Latin Mass
- 9:15-10:15 am Confessions
- 10:30 am Sung Latin Mass
- 5:00 pm Sung Latin Vespers
- 6:00 pm Low Latin Mass with music

Monday, March 8th: Feria of Lent (3rd Class) comm. St. John of God

NO LAUDS or MASS TODAY [fast/partial abstinence - optional]

Tuesday, March 9th: Feria of Lent (3rd Class) Comm. St. Frances of Rome

- **12 pm: NO MASS** [fast/partial abstinence - optional]
- 5 pm: Sung Latin Vespers
- **6:45 pm: Low Latin Mass (this week)**

Wednesday, March 10th: Feria of Lent (3rd Class) Comm. 40 Holy Martyrs

- 8:15 am: Sung Latin Lauds [fast/partial abstinence - optional]
- 11:00-11:45 am: Confessions
- 12 Noon: Low Latin Mass
- 5 pm: Sung Latin Vespers
- 5:30 - 6:30 pm: Confessions
- 6:45 pm Low Latin Mass

Thursday, Mar 11th: Feria of Lent (3rd Cl) [fast/partial abstinence - optional]

- 8:15 am: Sung Latin Lauds
- 5:00 pm: Sung Latin Vespers
- 5:30 - 6:30 pm: Confessions
- 6:45 pm: Low Latin Mass

Friday, March 12th: Feria of Lent (3rd Class) Comm. St. Gregory the Great

- 8:15 am: Sung Latin Lauds **ABSTINENCE (required)** [fast - optional]
- 11-11:45 am: Confessions
- 12 pm: Low Latin Mass (**Votive Mass of the Holy Shroud of Jesus**)
- 5 pm: Sung Latin Vespers - **24 Hour Adoration begins**
- 7 pm: Stations of the Cross
- **7:45-11:00 pm Confessions with additional priest confessors**
- 9:00 pm Sung Compline

Saturday, March 13th: Feria of Lent (3rd cl) [fast/partial abstinence - optional]

- 8:00 am; Sung Latin Lauds
- 9:00 am: Low Latin Mass
- 10:00 - 11:00 am: Confessions
- 5 pm: Sung Latin Vespers - **24 Hours for the Lord ends after Vespers**
- 6 pm: **English Mass (4th Sunday of Lent)**

Sunday, March 14th: 4th Sunday of Lent (1st Class)

- 8:00 am Low Latin Mass
- 9:15-10:15 am Confessions
- 10:30 am Sung Latin Mass
- 5:00 pm Sung Latin Vespers
- 6:00 pm Low Latin Mass with music

PARISH STAFF

Fr. Eric Andersen, pastor email: eandersen@archdpdx.org

Mr. Joseph Salazar, director of religious education
email: jsalazar@archdpdx.org

Sr. Anne Therese Nguyen, administrative assistant
email: saintstephenpdx@gmail.com

Nicolai Bajanov, music director
email: nbajanov@yahoo.com

Parish Address: 1112 SE 41st Ave. Portland, OR. 97214

Parish Office: 503-234-5019

website: <https://www.saintstephenpdx.com>

MASS INTENTIONS FOR THIS WEEK

- Sunday 3/7: + Philomena Silvio
People of the Parish
+ Gail Smith
- Monday 3/8: No public Mass
- Tuesday 3/9: Michael Andrews
- Wed 3/10: Isabella Peceli
Novena of Grace Intentions
- Thurs 3/11: Sharbelle Ferree
- Friday 3/12: Aiden Horsfall
- Saturday 3/13: Michael Bischoff and Gabriel Moreno
Wayne Hanson
- Sunday 3/14: Juliana Peceli
People of the Parish
Mr. Matthew Knight

OFFERTORY COLLECTION *(this week and month to date)*

Envelopes/Cash: \$2,388.72 +/- budget

Online: \$2,917.00

Total WTD: \$5,305.72 Budget: \$4,800 + \$505.72

Total MTD: \$17,603.90 Budget: \$19,200 - \$1,596.10

Maintenance/Restoration: \$425.00 MTD: \$12,290.00

Sacred Music Fund: \$125.00 MTD: \$270.00

Online giving: <https://www.saintstephenpdx.com/special-events>

MASS READINGS (Extraordinary Form)

Sunday: Eph. 5:1-9; Luke 11:14-28

Monday: 4 Kgs. 5:1-15; Luke 4:23-30

Tuesday: 4 Kgs 4:1-7; Matt. 18:15-22

Wednesday: Exod. 20:12-24; Matt. 15:1-20

Thursday: Jer. 7:1-7; Luke 4:38-44

Friday: Numb. 20:1,3, 6-13; John 4:5-42

Saturday: Dan. 13:1-9, 15-17, 19-30, 33-62; John 8:1-11

Sunday: Gal. 4:22-31; John 6:1-15

LESSONS AT MATINS (Extraordinary Form) *find online at*

<http://divinumofficium.com> or as an app (Breviarium meum)

Sunday: Genesis 37:2-28; Homily of St. Bede on Luke 11:14-28

Monday: Homily of St. Ambrose on Luke 4:23-30

Tuesday: Homily of St. Augustine on Matt. 18:15-22

Wednesday: Homily of St. Jerome on Matt. 15:1-20

Thursday: Homily of St. Ambrose on Luke 4:38-44

Friday: Homily of St. Augustine on John 4:5-42

Saturday: Homily of St. Augustine on John 8:1-11

Sunday: Exodus 3:1-15; Homily of St. Augustine on John 6:1-15

SIGN UP TO ATTEND MASS *(online or call parish office)*

<https://www.saintstephenpdx.com/covid-19-update>

SUBSCRIBE TO THE PARISH YOUTUBE CHANNEL

Saint Stephen Catholic Church PDX. https://www.youtube.com/channel/UCenluv9m_Zo_8lvGRz_72A

UPCOMING EVENTS AT ST. STEPHEN'S

LENTEN CONFESSION TIMES

Wednesdays: 11:00–11:45 am
5:30–6:30 pm
Thursdays: 5:30–6:30 pm
Fridays: 11:00–11:45 am
7:45–8:45 pm (after Stations of the Cross)
Saturdays: 10:00–11:00 am
Sundays: 9:15–10:15 am

FRIDAY STATIONS OF THE CROSS

Fridays in Lent, we will pray the Stations of the Cross at 7 pm. Adoration and Confessions will follow and Sung Latin Compline will complete the evening. On the feast of St. Joseph, booklets will be available for the private praying of the Stations.

THE NOVENA TO ST. JOSEPH

March 10–18th. Please join Fr. Eric Andersen on the parish Youtube channel for daily prayers and reflections during the nine days of the Novena. Prayers will be available in the back of the church and printable copies on the bulletin page of the website: dated March 10th.

SOLEMNITY OF SAINT JOSEPH, SPOUSE OF THE VIRGIN MARY

Friday, March 19th, Masses will be at 12 Noon (Low Mass) and 7 pm (Sung Mass). Penance is lifted for Solemnity (current law). Fast/Abstinence still required unless a holy day of obligation (traditional law).

24 HOURS FOR THE LORD/ ROSARY WALK

Begins Friday March 12th at 5 pm with Sung Vespers and Exposition of the Blessed Sacrament. Concludes Saturday March 12th at 6 pm after Sung Vespers and Benediction of the Blessed Sacrament. **All Night and All Day Adoration.** Stations of the Cross, Confessions, Compline, Lauds, Mass, Rosary Walk, Vespers.

40 DAYS FOR LIFE: FEB 17TH – MARCH 28TH

• **Vigil Location:** Planned Parenthood-Beaverton
12220 SW 1st Street Suite 200. Beaverton, OR 97005
• **Vigil hours:** Mon–Sat 7 AM - 7 PM Feb 17th - Mar 28th
Local Contact: Therese Ruesink ruesinktherese55@gmail.com

PHILOSOPHY NIGHT – TUESDAY MARCH 23RD

St. Thomas Aquinas asks: **“Is All Anger Evil, or Is Some Anger Good?”** He continues: “There was a controversy about this question among ancient philosophers, for the Stoics said that all anger is evil, and the Aristotelians said that some anger is good.” From Question XII on Anger in the *De Malo*. Fr. Eric Andersen, presenter. 7 pm in Carmody Hall. Ages High School and up. No reading ahead is necessary.

FROM THE DESK OF FR ERIC ANDERSEN

St. Joseph and the Month of March.

Last year, we prepared for 40 days to consecrate ourselves and the parish to St. Joseph. The Consecration did happen, but it happened privately due to the first week of the shutdown. This year, we will renew the consecration publicly on the Feast of St. Joseph, and after all the weekend Masses. To prepare for this renewal of the consecration, the parish will pray a novena to St. Joseph each day from March 10th - March 18th. Please subscribe to our parish Youtube channel and follow the daily videos for the novena. I will ask you to please keep in mind the intentions of all those praying the novena as you include your own intentions. St. Joseph is good at answering prayers. I have found that when I ask him for something, I don't necessarily get the thing I ask for, but he gives me something better than the thing I asked for.

St. Joseph is a good father that way. He seems to know what I really need. My recommendation is that you use this month of March to continue to pray to St. Joseph even after the novena and the Solemnity have passed. A good way to pray to him is the Seven Sorrows and Joys of St. Joseph. You can either pray the whole devotion every day, or you can pray one of the seven Sorrows and Joys each day of the week.

This coming August, the Priestly Fraternity of St. Joseph, [an association of priests to which I belong], will be meeting at St. Stephen's to put on a Eucharistic Conference for the parishioners and all the faithful who wish to attend. Please remember to pray for this event and for the intentions of the priests who are members of the FSSJ. These would also be good intentions to include in the Novena to St. Joseph.

STAINED GLASS WINDOW SITUATION

You may notice that there is bubbling in the south wall of the church around the stained glass windows near the chapel entrance. There seem to be some leaks that are causing damage. We will need to assess the situation and will probably need to ask for help from you, our parishioners, to raise funds to address the issue. There are always maintenance and restoration projects on the bill with an old church!

March 12th - 13th, 2021



24 Hours for the LORD



5 pm Friday March 12th
to
6 pm Saturday, March 13th

- Sung Vespers and Compline
- Stations of the Cross
- Confessions Friday/Saturday
- All Night/All Day Adoration
- Rosary Walk on Saturday



Saint Stephen Catholic Church

1112 SE 41st Ave (between Salmon and Taylor), Portland, Oregon

24 Hours for the Lord at St. Stephen Catholic Church

Friday, March 12th, 2021

- 5:00 pm Exposition of the Blessed Sacrament & **All Night Adoration** (sign up *)
- 5:10 pm **Sung Latin Vespers**
- 7:00 pm **Stations of the Cross**
- 8:00 - 11:00 pm **Confessions - with various priests**
- 9:00 pm **Sung Latin Compline** in the presence of the Blessed Sacrament Exposed
- Adoration** continues through the Night

Saturday, March 13th, 2021

- 8:15 am Sung Lauds (Morning Prayer)
- 8:50 am Reposition of the Blessed Sacrament
- 9 am **Low Latin Mass**
- 10:00 am Exposition of the Blessed Sacrament and **Adoration** until 5:45 pm.
- 10:00 – 11:00 am **Confessions**
- 11:30 am **Rosary Walk** (6.8 miles - bring Rosary, water, etc. No pets)
- Adoration** in the church continues during Rosary Walk (sign up*)
- 5 pm **Sung First Vespers of the 4th Sunday of Lent (Laetare Sunday)**
- 5:35 pm **Benediction** and Reposition of the Blessed Sacrament
- 6:00 pm **English Mass (Laetare Sunday)** 24 Hours comes to a completion

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